



January, 2021

Leadership Message

We are so excited to be welcoming back our students...even if the first week had to be done virtually! We hope that you have all had a chance to rest, relax and connect with the ones you love most. As we move into the second half of our school year, we want to continue to praise our students for their diligent efforts in ensuring they do all that they can to keep our school community safe.

These include:

- Social Distancing...even at recess times
- Mask wearing for all grade 4-6 students as well as those littles who prefer to wear a mask - *Masks will be worn at all times in the classroom when 2m distancing cannot be maintained...even when sitting in desks facing forward.*
- Hand washing and sanitizing
- And most importantly, staying HOME when they are feeling ill

Please use PSDs [“Feeling Sick, Here’s What to Do”](#) page as a starting point when you have questions regarding COVID.

We truly appreciate all that you have had to take on to support your children in their learning. We sure hope we can gain back some normalcy in the 2021 school year.

As always, please do not hesitate to contact us at the school with any questions or concerns that you may have at 780-963-7366 or forestgreen@psd70.ab.ca.

School Council & Fundraising Society

WHAT'S UP WITH THE FUNDRAISING CREW?

- February/March: Purdy's Easter Fundraiser
- March/April: Dominoes, Buy 1 Get 1 Free cards
- May: Mundare Sausage
- June: Spellathon



JOIN US for our next Virtual meeting!!!

February 9th, 2021

Fundraising Meeting @ 5:15pm (Zoom Link will be sent out)

Parent Council Meeting @ 6:30pm via Google Meets. Link:

<https://meet.google.com/vwj-gecs-ycm?hs=122&authuser=0>

Should you have any questions, feel free to contact us at fgsfundraising@gmail.com.

Feel free to attend virtually via Google Meets. Link located in the School Calendar.

New faces are always welcome!

**Next Fundraising Society Meeting & School Council Meeting: Tuesday, February 9th
@5:15pm & 6:30pm**

General Information

[Feeling Sick? Here's What to Do - UPDATE](#)

- Please click on the above link for directions on what to do when your child is sick.

Parent Handbook

Please click [here](#) to view our Parent Handbook for the 2020/2021 School Year

Please click [here](#) to view our COVID School Re-Entry Handbook.

Reporting Absences

To report an absence for your child, please email forestgreen@psd70.ab.ca or call and leave a message at the school office (780-963-7366). Please include the student's name, teacher (or grade), and reason for the absence in your message.

Drop-Off & Pick-UP

Please note the following important information regarding child safety and parking at Forest Green.

1. Bus Drop-Off is at 8:15 am
2. Students who are being driven or walking should plan to be here after 8:20, but before 8:30.
3. Supervision begins at 8:15 am, please do not drop your children off before this time as there are not adults outside to supervise.
4. Students will now stay outside in their zone when they arrive at school until the first bell.

Visiting Forest Green

To comply with AHS guidelines, we ask that you call the school prior to entering. When you arrive, you will be asked to sign in and fill in the COVID screening checklist. We are not permitting visitors into classrooms at this time.



Masks/COVID

Students and staff are adjusting very well to the new protocols and procedures in place because of COVID. Please ensure you are continuing to complete At Home Screening checklist BEFORE you send your child/children to school. Please click on "[What to do if you are sick](#)" for information, should your child have symptoms. Also, please ensure all children in grades 4-6 have a mask.

2020-2021 Bell Schedule

8:15am	Supervision Begins (Buses Arrive)
8:25am	Doors Open
8:30am	Welcome Bell
8:35 am	O'Canada & Announcements
8:40 am	Instruction Begins
10:25 - 10:40	Recess
11:50 am - 12:20 pm	Noon Recess
12:20 - 12:40pm	Lunch Break
12:40pm	Instruction Begins
3:05 pm	Dismissal
3:15pm	Supervision Ends



Calendar

This is only a snapshot of this month's calendar. To see the most up-to-date version, please click on this [link](#), or on the calendar below.

January 2021

today < >

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28 Christmas Break	29	30	31	1 New Year's Day	2
3	4 At-Home Learning for All Students First Day of School	5	6	7	8	9
10	11 Return to In-Person	12 9:30a Board of Tru	13	14	15	16
17	18	19	20	21	22	23
24	25	26 9a Education Comr	27	28	29	30
31	1 9:30a Board of Tru	2	3	4 Teachers' Convention (No Students Atte	5	6

Division Events

PD Days / Breaks

Stat Holidays

School Events

PATs Gr.6

Community Support Worker News

I hope that the students and their families at Forest Green School have had a wonderful Christmas, and I wish all of you the best for 2021.

Below you will find a couple of links to resources and services. As always, please feel free to contact me, jgoulden@psd70.ab.ca, if you require more information.

The HelpSeeker app gives you access to 130k+ of community, health, and social services and enables you to provide help to those in need when they need it the most. <https://helpseeker.org/>



WHAT IS 211? 211 is an essential service that helps Albertans find the right resource or service for whatever issue they need help with, at the right time. 211 is available 24/7 by phone, text and chat. The service is free, confidential and available in over 170 languages over the phone.

<https://ab.211.ca/>

Parent Learning Opportunities

Please see some amazing...(and FREE!) online learning sessions for parents and caregivers, hosted by Alberta Health Services and the Mental Health Foundation. Session topics this month include: anxiety, sleep and your families mental health, settling into routines and strengthening connections.

There are a variety of session times to meet families needs - after-school/evening hours, as well as lunch and learns.

Lunch & Learn Webinars Mental Health and Resiliency Series

Settling Into Routines: Making Uncertain Times More Predictable Tuesday, January 12 12:00 – 1:00 pm

Giving Time and Attention to Our Big Needs: Tuesday, January 19 12:00 – 1:00 pm

Strengthening Connections With Ourselves, Our Kids, and Our Communities: Tuesday, January 26 12:00 – 1:00 pm

Sleep and Your Family's Mental Health: – Part 1 Monday, January 18 12:00 – 1:00 pm

Sleep and Your Family's Mental Health: – Part 2 Monday, January 25 12:00 – 1:00 pm

Caregiver Education Sessions

Breaking the Cycle of Anxiety A Step by Step Approach: Wednesday, January 13 6:00 – 7:30 pm

Technology and the Teenage Brain Digital Wellness for Families: Wednesday, January 20 6:00 – 7:30 pm

Building Executive Functioning Skills Promoting Success in Learning: Wednesday, January 27 6:00 – 7:30 pm

Drop-In Series Support, Education & Engagement Series (SEEDS)

Creating Positive Experiences Through Play: Thursday, January 14 6:00 – 7:30 pm

Supporting Emotional Growth in Children: Thursday, January 21 6:00 – 7:30 pm

Motivating Through Praise and Rewards: Thursday, January 28 6:00 – 7:30 pm

For more information or to register, visit www.cyfcaregivereducation.ca

ADHD: A Comprehensive Overview

<https://www.eventbrite.ca/e/adhd-a-comprehensive-overview-registration-131626304821>

apfa Programming:



Forest Green School

5210 45 Street
Stony Plain, AB T7Z 1R5
Phone: 780-963-7366
Fax: 780-963-0341
Email: forestgreen@psd70.ab.ca

<https://www.eventbrite.ca/o/alberta-parenting-for-the-future-association-15112757928>

The Stony Plain Library is also offering some amazing FREE programs virtually. Such as Lego builders Club, Kids Can Cook, Thursday after school events and Virtual Escape Rooms.

<https://mysppl.ca/programs-and-events/virtual-events>