



Fax: 780-963-0341 Email: forestgreen@psd70.ab.ca

# March, 2021

It finally feels like spring is on it's way! Things at Forest Green are really moving along and we are so happy to be through the worst of winter...we have surely had enough indoor recesses and bus cancellations for the year!

Thank you to all who were able to attend our second round of Parent/Teacher Interviews. Although we miss seeing you at school, we have loved seeing you online. If you didn't get a chance to meet with your child's teacher, please reach out and they will be happy to find a time to connect.

Term 2 Report Cards - Available through Powerschool on March 24th after 4pm. Please contact the office if you need help logging into Powerschool.

Registration for 2021/2022 School Year - Please complete by 4:30pm on March 25th Thank you to those who have already completed your online registration for the 2021/2022 school year.

Click <a href="here">here</a> to access more information on how to register if you have not yet done so.

### Spring Break - March 26th - April 6th

Students last day of school before Spring Break is Thursday, March 25th, and students return on Tuesday, April 7th

### Gradebook

You can now login to your Powerschool Parent Portal to view the grades of your child's assignments that teachers have posted. As this is new for us as well as you, please do not hesitate to reach out with any questions.

Please do not hesitate to contact us at the school with any questions or concerns that you may have at 780-963-7366 or forestgreen@psd70.ab.ca.





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# School Council & Fundraising Society

#### WHAT'S UP WITH THE FUNDRAISING CREW?

It's time to order your EASTER CHOCOLATE!!

Purdy's orders are due on **MARCH 13**. Orders will be ready to be picked up at the school on MARCH 24.

#### How to Order Online:

- 1. Go to www.purdysgpp.com
- 2. Click "Register" or "Login"
- 3. Join our group by typing in: 25555 (Our customer number).
- 4. Invite your friends and family to join our group and Shop Online!

Questions? You can reach the fundraising team anytime at fgsfundraising@gmail.com

- March/April: Dominoes, Buy 1 Get 1 Free cards
- May: Mundare Sausage
- June: Spellathon

# JOIN US for our next Virtual meeting!!! March 9th, 2021

Fundraising Meeting @ 5:15pm (Zoom Link will be sent out)

Parent Council Meeting @ 6:30pm via Google Meets. Link:

meet.google.com/eug-tgki-vgw

Should you have any questions, feel free to contact us at fgsfundraising@gmail.com.

Feel free to attend virtually via Google Meets. Link located in the School Calendar.

\*\*New faces are always welcome!\*\*

Next Fundraising Society Meeting & School CounciMeeting: Tuesday, March 9th @5:15pm & 6:30pm

### General Information

## Feeling Sick? Here's What to Do - UPDATE

• Please click on the above link for directions on what to do when your child is sick.

### Parent Handbook

Please click here to view our Parent Handbook for the 2020/2021 School Year





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Please click here to view our COVID School Re-EntryHandbook.

### Reporting Absences

To report an absence for your child, please email <u>forestgreen@psd70.ab.ca</u> or call and leave a message at the school office (780-963-7366). Please include the student's name, teacher (or grade), and reason for the absence in your message.

### Drop-Off & Pick-UP

Please note the following important information regarding child safety and parking at Forest Green.

- 1. Bus Drop-Off is at 8:15 am
- 2. Students who are being driven or walking should plan to be here after 8:20, but before 8:30.
- 3. Supervision begins at 8:15 am, please do not drop your children off before this time as there are not adults outside to supervise.
- 4. Students will now stay outside in their zone when they arrive at school until the first bell.

### Visiting Forest Green

To comply with AHS guidelines, we ask that you call the school prior to entering. When you arrive, you will be asked to sign in and fill in the COVID screening checklist. We are not permitting visitors into classrooms at this time.

### Masks/COVID

Students and staff are adjusting very well to the new protocols and procedures in place because of COVID. Please ensure you are continuing to completeAt Home Screening checklist BEFORE you send your child/children to school. Please click on "What to do if you are sick" for information, should your child have symptoms. Also, please ensure all children in grades 4-6 have a mask.

### 2020-2021 Bell Schedule

8:15am	Supervision Begins (Buses Arrive)
8:25am	Doors Open
8:30am	Welcome Bell
8:35 am	O'Canada & Announcements
8:40 am	Instruction Begins
10:25 - 10:40	Recess
11:50 am - 12:20 pm	Noon Recess
12:20 - 12:40pm	Lunch Break
12:40pm	Instruction Begins
3:05 pm	Dismissal
3:15pm	Supervision Ends





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# Calendar

This is only a snapshot of this month's calendar. To see the most up-to-date version, please click on this <u>link</u>, or on the calendar below.





Forest Green School

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# Community Support Worker News

Below you will find a couple of links to resources and services. As always, please feel free to contact JGoulden@psd70.ab.ca if you require more information.

The HelpSeeker app gives you access to 130k+ of community,health, and social services and enables you to provide help to those in need when they need it the most. <a href="https://helpseeker.org/">https://helpseeker.org/</a> WHAT IS 211? 211 is an essential service that helpsAlbertans find the right resource or service for whatever issue they need help with, at the right time. 211 is available 24/7 by phone, text and chat. The service is free, confidential and available in over 170 languages over the phone. <a href="https://ab.211.ca/">https://ab.211.ca/</a>

# Parent Learning Opportunities

Each month, Parkland School Division's Learning Serviceseam compiles a newsletter for parents and guardians of students. Inside you will find information, opportunities and strategies to help you and your family connect with us on your child's educational journey. This month they have a jam packed newsletter, filled with all things ADHD for kids of all ages. Please note there are several zoom sessions coming up - register early to avoid disappointment. There is also a terrific session about autism coming in March.

PSD's Stronger Together Family Newsletters

Please see some amazing...(and FREE!) online learningsessions for parents and caregivers, hosted by Alberta Health Services and the Mental Health Services and the Mental Health Services are a variety of session times to meet families needs - after-school/evening hours, as well as lunch and learns.

### Lunch & Learn Webinars Mental Health and Resilienc Geries

#### **Keeping Scattered Kids on Track:** Understanding ADHD

Part 1 - Monday, March 112:00 - 1:00 pm

Part 2 - Monday, March 8 12:00 - 1:00 pm

### Mindfulness: Benefits for the Whole Family

Part 1 - Tuesday, March 2 12:00 - 1:00 pm

Part 2 - Tuesday, March 9 12:00 – 1:00 pm

### **Building Executive Functioning Skills**

Part 1 - Monday, March 15 12:00 – 1:00 pm

Part 2 - Monday, March 22 12:00 - 1:00 pm

### Parenting Strategies That Promote Positive Mentallealth

Part 1 - Tuesday, March 16 12:00 – 1:00 pm

Part 2 - Tuesday, March 23 12:00 – 1:00 pm



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### **Caregiver Education Sessions:**

### Sleep and Your Family's Mental Health

Wednesday, March 36:00 - 7:30 pm

### Parenting Teens in the 21st Century: Respectful LimitSetting With Adolescents

Wednesday, March 10 6:00 - 7:30 pm

### <u>Supporting Self-Regulation in Elementary School Children</u>

Wednesday, March 17 6:00 - 7:30 pm

### Technology and the Teenage Brain Digital Wellnessfor Families

Wednesday, March 24 6:00 - 7:30 pm

### Drop-In Series Support, Education & Engagement Series(SEEDS)

**Anxiety Part 1: An Introduction**Thursday, March 6:00 – 7:30 pm

**Anxiety Part 2: Calming Our Bodies**Thursday, March11 6:00 – 7:30 pm

**Anxiety Part 3: Settling Our Minds**Thursday, March18 6:00 – 7:30 pm

**Anxiety Part 4: Overcoming Avoidance**Thursday, March25 6:00 – 7:30 pm

For more information or to register, visit <u>www.cyfcaregivereducation.ca</u>

### apfa Programming:

https://www.eventbrite.ca/o/alberta-parenting-for-the-future-association-15112757928