



March, 2022

Leadership Message

February seems to have flown by! We want to start by thanking all of you for following the drop off and pick up procedure to ensure our most precious assets are safe coming to and from school each and every day!

[Online registration/Verification](#) for the 2022-2023 school year is now open. Please ensure you take a couple of minutes to complete this for each of your children. We are asking for it to be completed by March 18, 2022.

The month of March here at school is a short one, however there is a lot to pack in for us as we are just in the process of wrapping up term 2 to head into our final term of the year! Term 2 report cards and will be available via [Powerschool](#) on Friday, March 18th. If you are not able to access your account, please contact our office and we will be happy to assist you.

Play Parkland for our grade 3-6 students is up and running and the kids are loving it! Just a quick reminder to double check to ensure you are not ordering hot lunch on the day's your child has Play Parkland...the buses leave before lunch can be handed out. As well, please continue to contact fgsfundraising@gmail.com NOT your child's classroom teacher or the office if your child is absent and you want to pick up their hot lunch.

Forest Green School is also very excited to welcome Elder Violet Poitras and Elder Phillip Campiou who will be leading our new Elder in Residence program. We will have an elder in our school approximately 1 day per week to help bring indigenous teachings to the curriculum the students are learning. Lots of this learning will occur through storytelling and question answering by the elders.

Key Dates this Month

- **March 9, 16, 29th** - Elder Visits
- **March 15th** - School Council and Fundraising Meetings
- **March 18th**
 - Online [Registration/Verification for 2022-2023](#) due
 - Report Cards Available online via Parent Portal
- **March 21-25th** - SPRING BREAK - No School

Please continue to complete the [daily screening checklist](#) each day and to follow the advice of AHS should your child have symptoms. Rapid tests and masks will be sent home as they arrive at school for those parents who have requested them.

As always, please do not hesitate to contact us at the school with any questions or concerns that you may have at either 780-963-7366 or forestgreen@psd.ca.

Take care,

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General Information

Government issued Masks & Rapid Tests

We have received and distributed our second shipment of masks and rapid tests for staff and students. If we receive a third shipment we will follow the same procedure as we did for the second shipment.

Please review the updated [Guidance for School Re-Entry](#) Changes are highlighted in yellow. Please review the [Stay at Home Guide](#) as well when deciding if kids should attend.

As new announcements are made regarding restrictions, these documents will be updated.

Parent Handbook

Please click [here](#) to view our Parent Handbook for the 2021/2022 School Year

Reporting Absences

To report an absence for your child, please email forestgreen@psd.ca or call and leave a message at the school office (780-963-7366). Please include the student's name, teacher (or grade), and reason for the absence in your message.

Drop-Off & Pick-UP

Please note the following important information regarding child safety and parking at Forest Green.

1. Bus Drop-Off is at 8:15 am
2. Students who are being driven or walking should plan to be here after 8:20, but before 8:30.
3. Supervision begins at 8:15 am, please do not drop your children off before this time as there are no adults outside to supervise.
4. Students will now stay outside in their zone when they arrive at school until the first bell.
5. **Speed** (30km/hour or less) - Please ensure you are following the speed limit. Please remember, the speed limit is for optimal road conditions...our little cul de sac is often very icy, please adjust your speed accordingly.
6. **Curbside Parking**- Please respect our residents who live near the school. Please do not block any of the resident driveways as you pick up or drop off your children. Parking is limited near the school.
7. **Skating Rink Parking** please use caution as you are backing in or out, as many of our walkers are short and may not be easily seen.
8. **Staff Parking Lot** Please do NOT pick up or drop off in the staff parking lot.

Thank you again for respecting our drop off and pick up times. We are outside until 3:15pm, so you are free to pick up your child closer to 3:15pm if that works, as there are significantly less vehicles at this time.

Visiting Forest Green



To comply with AHS guidelines, we ask that you wear a mask and come straight to the office. We are not permitting visitors into classrooms at this time.

2021-2022 Bell Schedule

Please note our revised bell schedule

8:15am	Supervision Begins (Buses Arrive)
8:25am	Doors Open
8:29am	Welcome Bell
8:34 am	O'Canada & Announcements
8:39 am	Instruction Begins
10:27 - 10:42	Recess
11:54 am - 12:24 pm	Noon Recess
12:24 - 12:44pm	Lunch Break
12:44pm	Instruction Begins
3:05 pm	Dismissal
3:15pm	Supervision Ends

Calendar

Our School Calendar has changed from last year...and boy is it more user friendly than the previous calendar. As it is no longer a google calendar, all you have to do is go to the [calendar on our website](#) and click on one of:

Download to iCal **Add to Google Calendar** **Subscribe to Calendar**

Located at the top of the calendar on our website. You can then search by grade level, event or topic to find information you are looking for as needed.

Message from our School Council Chair



Did you know that FGS Parent Council is a member of the Alberta School Councils Association (ASCA)?

ASCA provides support and resources, including knowledge and skill development, consultation and workshops, to enhance meaningful parent contribution and participation in school councils across the province.

Every year, school council members from across the province are invited to attend the Annual General Meeting, take part in workshops and break-out sessions, and vote on proposed Advocacy Resolutions from schools in the province.

To influence change in education, school councils identify issues in provincial education affecting early childhood services to grade 12 that they would like addressed, changed or resolved. Resolutions passed into policy at the AGM are then forwarded to the government and the Education Ministry.

FGS Parent Council discusses and votes on proposed Resolutions at our April meeting, and we would love to see you there! Until then, we would love to see you at our March 15 meeting at 6:30pm!

If you have any questions, please don't hesitate to touch base with me at forestgreen.scchair@partner.psd.ca and follow our Facebook page at Forest Green School Parent Council & Fundraising Society.

Next School Council Meeting is Tuesday, March 15th at 6:30pm..location TBD.

School Council & Fundraising Society

Hot Lunch

*****Hot Lunch information will come out in a separate message pending the government announcement. We are in desperate need of volunteers to keep this program running. Please email fgsfundraising@gmail.com if you would be willing to support and volunteer.**

Order online at: <https://forestgreen.hotlunches.net/admin/>

Stay tuned for upcoming fundraisers: Mundare Sausage, Purdy's Easter Chocolates, Spring Flowers and More!

Should you have any questions, feel free to contact us at fgsfundraising@gmail.com.

**Next Fundraising Society Meeting Tuesday, March 15th at 5:15pm...Location TBD.
We love to see new faces!!!!**



Community Support Worker News

Greetings Forest Green families, February has come and gone, the days are getting longer and sunny/warmer days are ahead! Below I have provided some community support and information. If you have any questions or concerns, please do not hesitate to contact me at jenn.goulden@psd.ca.

Support in our community

- 2-1-1 is here to help you find the right community and social services. It is confidential, multilingual, and available 24 hours a day across many parts of Alberta including Parkland County.
- Parkland Food Bank- apply online
<https://parklandfoodbank.org/need-help/christmas-hamper/>

Reach out for support...

- Children and Family Services Crisis Unit: 780-427-3390
- Children's Mental Health Crisis Line & Response Team: 780-424-491
- RCMP Spruce Grove: 780-962-2222
- RCMP Stony Plain: 780-968-7267
- Youth Mental Health (Westview Primary Care Network) 780-960-9533 ext 221
- Youth Mental Health - Northgate Walk In Clinic (AHS - now call in or virtual appointment) 780-342-2700
- MOBILE/AFTER HOURS CRISIS TEAM: 780-407-1000
- AHS - Addictions - Stony Plain: 780-963-6151
- Parenting support (APFA) - Triple P Parenting 780-963-0549
- Adult Crisis Response - 780-342-7777
- Support Network Distress Line - 780-482-4357
- Adult Mental Health Referral and Treatment - 780-424-2424
- Parkland School Division - Family Support - Vicky Mamczasz - 780-668-7422
- Help in Tough Times We're here to help - Alberta Health Services
<https://www.albertahealthservices.ca/amh/page16759.aspx>
- 811 - Health Link and Health advice 24-7

Helpful Links for Parents and Caregivers:

Caring for Kids - Information for Parents from Canada's Pediatricians
<https://www.caringforkids.cps.ca/>



Triple P Positive Parenting Program <https://www.triplep-parenting.ca/alb-en/triple-p/>

The content on UnlockFood.ca focuses on healthy eating through the lifecycle (from infants to seniors) as well as chronic disease prevention. Popular content includes diabetes, infant feeding, digestive concerns, weight management and heart disease. There are also useful resources on cooking, shopping, meal planning, picky eating and more. UnlockFood.ca

Health Games & Videos for Kids <https://kids.aboutkidshealth.ca/>

Advice on children's health, behaviour and growth from before birth through the teen years. [Kids Health](#)

Benefits of physical activity, recommended guidelines, adding activity to your lifestyle, encouraging children to be active, playing safely. [Canada's Physical Activity Guides for Children and Youth](#)

Family and Community Support Services (FCSS)
<https://www.sprucegrove.org/community/programs/fcss-programs/>

Inform Alberta - Directory of community, health & social services
<http://www.informalberta.ca/public/common/...>

Maternity and Parental Benefits
<http://www.servicecanada.gc.ca/eng/sc/ei/b...>

[Benefit Wayfinder](#) is a simple, easy-to-use, plain-language tool that helps people on low and modest incomes find and track benefits they could get. The information and resources provided are from federal, provincial, and territorial governments, updated on an ongoing basis as new information becomes available. Individuals can use the tool on their own or with the support of an agency staff person. <https://benefitswayfinder.org/>

Parent Learning Opportunities

Parent Learning Opportunities:



Each month, Parkland School Division's Learning Services team compiles a newsletter for parents and guardians of students. Inside you will find information, opportunities and strategies to help you and your family connect with us on your child's educational journey. Contact vicky.mamczasz@psd.ca or follow the link to Strong Families Sessions.

<https://www.psd.ca/division/news>

Please see some amazing...(and FREE!) online learning sessions for parents and caregivers, hosted by Alberta Health Services and the Mental Health Foundation. There are a variety of session times to meet families needs - after-school/evening hours, as well as lunch and learns. For more information or to register, visit www.cyfcaregivereducation.ca.

Alberta Parenting for the Future - apfa Programming:

<https://www.eventbrite.ca/o/alberta-parenting-for-the-future-association-15112757928>

Town of Stony Plain Upcoming community programs for you

<https://calendar.stonyplain.com/>

City University is offering free virtual counselling sessions remotely. Sessions start at children 6+ to adults and include couples and families. Appointments can be requested by visiting their website [www.cityu clinic.ca](http://www.cityuclinic.ca).

TriLeisure hours are 6am-9pm Monday to Friday and 7am-9pm on weekends, exceptions are stat holidays <https://www.trileisure.com/>.

Student Activities and Learning Opportunities

Check out the [Spruce Grove Public Library](#) to stay up to date on activities and accessibility resources on their website.

Sensory Kits and Items

What they are and how to use them

These items are exclusively available to cardholders of the Spruce Grove Public Library.

Sensory Items provide fun games, activities that teach children about various topics. They also provide great support for families and children living with disabilities. Please see our [catalogue](#).

[SP Library](#)- Have a variety of programs for kids, including on PD Days and Spring Break. Check out their website!