



Dragon's Dish

Updates from the Forest

December 1, 2024

Monday December 2	Tuesday December 3	Wednesday December 4	Thursday December 5	Friday December 6
Coding Club @ lunch recess	Volleyball (Gr 5-6) @ lunch recess in the gym Fundraising Society Mtg @ 1:00 pm School Council Mtg @ 2:00 pm	Choir (Gr 3-6) @ Lunch recess Guest Chefs in the house! They will be making Granola Baskets for everyone!	Handbells (4-6) @ Lunch recess Hot Lunch (if ordered)	Christmas Cast Practice @ Lunch recess Crafts and Colouring (Gr 3 & 4) @ Lunch recess - Mrs. Meyer's Room

Dear Forest Green Families,

Forest Green Choir Singing at the Oil Kings Game!

We are thrilled to announce that our Forest Green Choir will be performing the national anthem at the Edmonton Oil Kings game on Sunday, January 5, 2025! This is an incredible opportunity for our talented students to shine on a big stage. Tickets for the game are \$22 and can be purchased through our Hot Lunch system. Come out to support our choir and enjoy an exciting evening of hockey! We hope to see many of our families in the stands cheering them on.

Holiday Stress and Your Mental Health

The holiday season can be an exciting & relaxing time of year for many, but it can also bring challenges such as emotional or financial stress, loneliness, or grief & loss. If you're feeling weighed down, here are some tips to help you cope during the holidays and throughout the year.

- For tips on managing grief & loss over the holidays listen to this brief podcast by [The Coping Toolbox](#).
- Here is the December edition of [PSD's Stronger Together Newsletter](#).

Calling All Guest Chefs!

Do you love to cook or bake? Whether it's a dish, a snack, or your favorite baked goods, we'd love for you to share your culinary talents with our students by becoming a Guest Chef at Forest Green! Here's how it works: you choose what to make, tell us what ingredients you'll need, and decide which grade level and group size you'd like to work with. We'll handle all the arrangements, so you can focus on having fun and inspiring our Student Chefs. Not only will they love learning from you, but students throughout the school will get to enjoy your delicious creations!



FOREST GREEN SCHOOL

If you're interested in joining us as a Guest Chef, please contact Leah at leah.andrews@psd.ca

Parent Handbook

Please click [here](#) to view our Parent Handbook for the 2024/2025 School Year.

We encourage you to follow us on social media as we celebrate our amazing school community. You can find us on [Facebook](#) and [Instagram](#).

We are looking forward to caring, sharing, and learning together! As always, please do not hesitate to contact us at the school with any questions or concerns that you may have at either 780-963-7366 or forestgreen@psd.ca.

Sincerely,

Leah and Miranda

(Principal and Assistant Principal)

