



Dragon's Dish

Updates from the Forest

March 2, 2025

Monday March 3	Tuesday March 4	Wednesday March 5	Thursday March 6	Friday March 7
Read-a-thon: Log your minutes!	School Council's Pancake Breakfast Read-a-thon: Log your minutes! Move & Groove: Gr 6 Sledge Hockey Fundraising and School Council Mtg @ 1:00 & 2:00 p.m. Ski Club @ 3:30 Junior B Basketball Tournament @ High Park 3:30 p.m.	Read-a-thon: Log your minutes! Choir Practice (Gr 3-6) @ Lunch recess Junior B Basketball Tournament @ High Park 3:30 p.m.	Read-a-thon: Log your minutes! Junior B Basketball Tournament @ High Park 3:30 p.m.	Read-a-thon: Log your minutes! Move & Groove: Gr 6 Sledge Hockey Employee Appreciation Day

Dear Forest Green Families,

Puddles and Wet Clothes

With the snow melting, water is everywhere — making it challenging to keep students out of puddles despite our reminders. While we encourage students to make responsible choices and avoid puddles, we know that curiosity (and a little springtime fun) can sometimes get the better of them.

Please send your child to school with appropriate rain or waterproof gear and an extra set of clothes in case they get wet. If students play in puddles and do not have a change of clothes, they will experience the natural consequence of being wet and uncomfortable for the remainder of the day.

Thank you for your support in helping students learn to make thoughtful choices!

Labour Disruption Update

Thank you to families for your understanding and cooperation during the ongoing labour disruption. We appreciate those who are using the online absence reporting tool on our website or emailing their child's teacher directly to report absences. Your efforts to limit phone calls to the office help us manage with reduced staff coverage, as we do not have full-time phone support available at this time.



To maximize supervision efficiency, the west side of the schoolyard is closed during recesses. Students are only playing on the east side soccer field and playground, where staff can best support their safety.

A friendly reminder that breakfast, snack, and forgotten lunch items are available in a limited grab-and-go format from our Nutrition Nook fridge in the main hallway. The kitchen is closed, and we are unable to heat up lunches at this time.

Your patience and support are truly appreciated as we navigate this challenging time together.

Kids' Brains and Screens: A Parent Workshop at Westview School

Join us on **March 4 at 6:15** at **Westview School** for an eye-opening workshop on the impact of screens on children's developing brains. Led by Rob McLeod, this session will provide parents with the knowledge and tools to navigate today's digital landscape with confidence.

Backed by research and real-world experience, this workshop will explore:

- How screen time affects brain development, attention, and mental health.
- The science behind screen dependency and what parents can do to prevent and reverse it.
- Practical, actionable strategies to **FREE** children from toxic screen habits while fostering healthier, more engaged lifestyles.
- The role of play, movement, and real-world connections in building resilience and focus.

This workshop is designed to **EMPOWER** parents with solutions that prioritize their child's well-being. Whether you're already struggling with screen time battles or looking for ways to be proactive, you'll leave with a clear plan and renewed confidence in guiding your child toward a balanced, screen-strong life.

ScreenStrong EMPOWERS parents to prevent & reverse childhood screen dependency. Join us for this essential conversation and take the first step toward lasting change.

New Online Absence Reporting Now Available!

We are excited to let families know that you can now report your child's absence quickly and easily through our website! If your child will be away from school, simply visit <https://forestgreen.psd.ca/parents/report-an-absence> to let us know.

You can find the Absence Reporting link under the "For Parents" dropdown menu on our website. The online form is user-friendly and provides a convenient way to notify the school of your child's absence.

We encourage all parents and guardians to use this online reporting option whenever possible. Your support helps us keep accurate attendance records and ensures we know your child is safe.

Thank you for your cooperation!



FOREST GREEN SCHOOL

Online Registration/Verification for 2025-2026

The annual online registration/verification process begins February 10, 2025, and must be completed for all students (Pre-K to Grade 12). The [registration/verification](#) process is conducted exclusively online.

- Registration is for new PSD students
- Verification is for returning PSD students.

During the registration process, you must select the 2025-2026 school year to register for the upcoming school year.

To ensure that their child receives a bus pass prior to the start of the next school year, parents are required to complete registration by 4:30pm on Friday, March 28, 2025. This deadline will facilitate the routing of buses, bus pass production and data verification before the summer break while schools are still operating.

Parent Handbook

Please click [here](#) to view our Parent Handbook for the 2024/2025 School Year.

We encourage you to follow us on social media as we celebrate our amazing school community. You can find us on [Facebook](#) and [Instagram](#).

We are looking forward to caring, sharing, and learning together! As always, please do not hesitate to contact us at the school with any questions or concerns that you may have at either 780-963-7366 or forestgreen@psd.ca.

Sincerely,

Leah and Miranda

(Principal and Assistant Principal)

